Claims

at least a first magnetic core having at least a first through hole therein for receiving at least a first secondary winding having at least a first secondary turn and a primary winding having a plurality of primary turns, the at least a first secondary winding passing at least once through the at least a first through hole of the at least a first magnetic core so that a changing magnetic flux in the at least a first magnetic core may induce a secondary voltage therein.

at least a first cellular insert passing through the at least a first through hole of the at least a first magnetic core having therein a plurality of through holes generally parallel to the at least a first through hole of the at least a first magnetic core for receiving the primary winding, and

the primary winding being wound through the at least a first cellular insert and through the at least a first through hole of the at least a first magnetic core to induce a changing magnetic flux therein, such that the plurality of primary turns is distributed generally equally among the plurality of through holes in

the at least a first cellular insert and the plurality of through holes in the at least a first cellular inserts guides and supports the plurality of turns of the primary winding.

- [c2] 2. The cellular transformer of claim 1 wherein the at least a first cellular insert is made of an insulating material.
- [c3] 3. The cellular transformer of claim 1 wherein the at least a first cellular inserts is continuous through the length of the cellular transformer.
- [c4] 4. The cellular transformer of claim 1 wherein the at least a first cellular insert is generally the length of the at least a first magnetic core.
- [05] 5. The cellular transformer of claim 1 wherein the at least a first cellular insert is at least a first metal cellular insert ad the at least a first metal cellular insert comprises a portion of the at least a first secondary winding.
- [c6] 6. The cellular transformer of claim 1 wherein the at least a first cellular insert is formed of metal tubing.